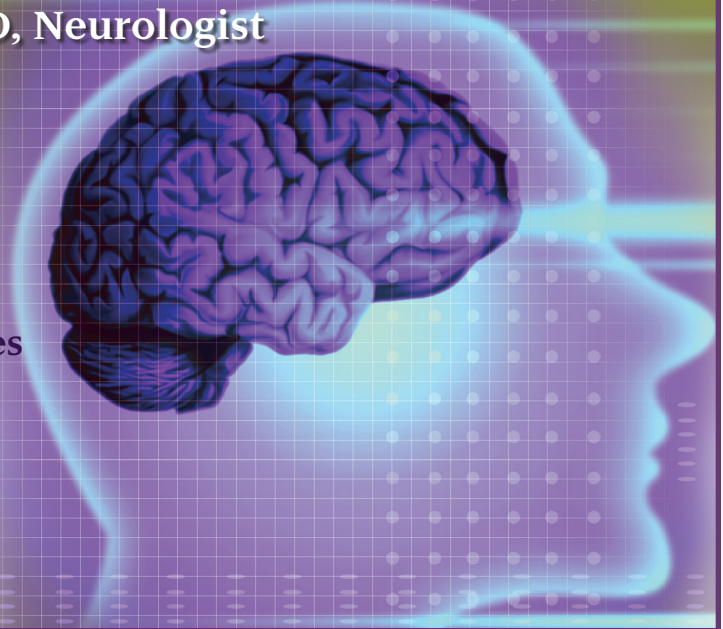


ANOTHER FREE HDH SENIOR LIVE WELL PRESENTATION

ALL ABOUT MEMORY

Presented by Allan L. Bernstein, MD, Neurologist

- How Your Memory Works
- Types of Neurological Diseases
- How to Possibly Prevent these Diseases
- Latest Research on Alzheimer's



This **FREE** informative presentation by Dr. Allan Bernstein will discuss how memory works, what can go wrong, and how we can possibly prevent these diseases from developing.

Dr. Bernstein will review the medical issues which can interfere with memory including: medications, head injuries, strokes, poor nutrition, visual and hearing loss, social isolation and depression. Dr. Bernstein will also discuss in detail the latest research in the field of Alzheimer's disease.



ABOUT ALLAN L. BERNSTEIN, MD

Dr. Bernstein is on staff at Healdsburg District Hospital (HDH) and a consulting Neurologist at both the HDH Kozel Stroke Institute and Palm Drive Hospital. He is the principal investigator in neurologic disease at Radiant Research in Santa Rosa. His area of research and publications include: stroke, Alzheimer's disease, migraine and nutrition.

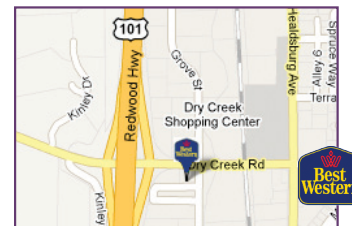
Dr. Bernstein served as a Professor of Clinical Neurology at the School of Medicine, University of California, Davis, and Assistant Clinical Professor of Family Medicine, UCSF Santa Rosa Family Medicine Residency Program. Dr. Bernstein also was a visiting professor in Thailand, Pakistan, Indonesia and Singapore.

ALLAN L. BERNSTEIN, MD (707)431-6314
1310 Prentice Drive, Suite D, Healdsburg

Wednesday, November 10, 2010

9:30 a.m. to 11:00 a.m.

**Dry Creek Inn – Krug Event Center
198 Dry Creek Rd., Healdsburg**



RSVP Only: (707) 431-6524



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